

100 m	RF: 11.70s. C.Ambrosini - 2019	200 m	RF: 24.08s. A.Krone - 2018
11.70	Ambrosini, SA Bulle	24.27	Vancardo, TSV Düringen (1)
11.91	Krone, CA Fribourg (1)	24.30	Krone, CA Fribourg (1)
12.03	Egger, CA Fribourg (1)	24.56	Ambrosini, SA Bulle
12.10	Vancardo, TSV Düringen (1)	25.26	Egger, CA Fribourg (1)
12.20	Rusca, SA Bulle	25.51	Rusca, SA Bulle
12.47	Caligiuri, CARC Romont (2)	25.56	Caligiuri, CARC Romont (2)
12.90	Klaus, Athletic Team Rechthalten	26.53	Rayroud, AthleticaVeveyse (2)
12.94	Rayroud, AthleticaVeveyse (2)	26.73	Hess N., AC Murten
12.96	Bischofberger C., TSV Düringen (2)	26.90	Bischofberger, TSV Düringen (2)
13.14	Catalini, AC Murten (2)	<u>26.98</u>	Philipona, CS Marsens (2)
		24.05	VF Ambrosini, SA Bulle
		24.27	VF Krone, CA Fribourg (1)
		25.19	VF Rusca, SA Bulle
300 m	MPF: 38.33s. V.Vancardo - 2018	400 m	RF : 54.20s. V.Vancardo - 2019
39.20	Krone, CA Fribourg (1)	54.20	Vancardo, TSV Düringen (1)
40.22	Rusca, SA Bulle	57.24	Werro, CA Belfaux (3)
43.00	Hess N., AC Murten	57.64	Rusca, SA Bulle
43.26	Egger, CA Fribourg (1)	60.15	Hess N., AC Murten
43.58	Caligiuri, CARC Romont (2)	60.31	Bortoluzzi, AC Murten (2)
44.24	Catalini, AC Murten (2)	61.25	Catalini, AC Murten (2)
44.40	De Vito N., CA Fribourg (2)	61.45	Caligiuri, CARC Romont (2)
45.14	Hochuli, AC Murten	62.56	Brügger S., Athletic Team Rechthalten (2)
45.19	Lopes / POR, CA Fribourg	63.13	De Vito N., CA Fribourg (2)
46.39	Jornod, AC Murten (2)	63.29	Fragnière A., CS Marsens (2)
800 m	RF: 2:06.79 E.Wattendorf - 1980	600 m	MPF: 1:31.21 V.Vancardo – 2017
2:12.10	Werro, CA Belfaux (3)	1:31.59	Werro, CA Belfaux (3)
2:26.06	Hochuli, AC Murten	1:45.80	Caligiuri, CARC Romont (2)
2:30.25	Catalini, AC Murten (2)	1:49.49	Tâche L., AthleticaVeveyse (3)
2:31.91	Bortoluzzi, AC Murten (2)	1:49.98	Huber A., Athletic Team Rechthalten (3)
2:32.32	Schornoz, CS Marsens (3)	1:50.07	Murith , CS Marsens (4)
2:32.77	Hess N., AC Murten	1:50.39	Clément E., SA Bulle (3)
2:33.76	Caligiuri, CARC Romont (2)	1:52.80	Vogt L., TSV St.Antoni (3)
2:34.49	Jornod, AC Murten (2)	1:53.71	Kapeller G., CAG Farvagny (4)
2:42.38	Brandt, AC Murten	1:56.07	Hammel , AthleticaVeveyse (4)
2:43.98	Rayroud, AthleticaVeveyse (2)	1:56.55	Nuoffer Ch., CA Belfaux (4)
1000 m	RF: 2:42.93 V.Lehmann – 2011	1500 m	RF: 4:13.83 V.Lehmann – 2011
2:51.93	Werro, CA Belfaux (3)	5:09.97	Stettler S., AC Murten (1)
3:13.80	Dubois, FSG Estavayer-le-Lac (4)	5:41.75	Nsanzimana M.-A. ,CA Belfaux (1)
3:14.25	Schornoz, CS Marsens (3)	5:47.79	Pidoux , CA Fribourg (2)
3:15.90	Catalini, AC Murten (2)	5:49.03	Lambert , CA Belfaux
3:17.46	Hess N., AC Murten		
3:18.52	Brügger S., Athletic Team Rechthalten (2)		
3:20.77	Genoud C., CS Marsens (3)		
3:21.13	Murith E., CS Marsens (4)	3000 m	RF: 9:13.16 Ch.Dällenbach - 1997
3:21.41	Huber A., Athletic Team Rechthalten (3)		
3:21.50	Tâche, AthleticaVeveyse (3)	11:35.50	Stettler S., AC Murten (2)

5000 m RF: 15:45.92 Ch.Dällenbach - 1997

18:10.77	Gindrat-Keller, LAT Sense
18:15.22	Gross, LAT Sense (2)
18:27.86	Colliard, SA Bulle
18:31.65	Heimlicher, LAT Sense
19:20.10	Monney M., CAG Farvagny (1)
19:27.29	Panchaud, CS Hauteville (3)
19:35.97	Almeida Mathys, Free-Bourg Runners
19:46.63	Morgado / POR, CA Portugais FR (V)
19:56.02	Monney S., CAG Farvagny (V)
19:59.48	Hannesen / FRA, CA Marly (V)

10km sur la route RF: 33'51" Ch.Dällenbach - 1998**15 km sur la route RF: 53:55.0 Ch.Dällenbach - 1998**

37'33"	Heimlicher, LAT Sense	57'08"	Zahno, TSV Rechthalen (V)
37'58"	Schuwey, SA Bulle	1:00:55	Bourke-Martignoni, CAG Farvagny (V)
38'19"	Pittet V., CARC Romont	1:01:55	Gindrat-Keller, LAT Sense
38'22"	Marmy, CAG Farvagny	1:02:12	Wagemester / GER, LAT Sense (V)
38'30"	Bourke-Martignoni, CAG Farvagny (V)	1:02:30	Schuwey, SA Bulle
38'40"	Julmy, Triathlon Academy Marly	1:02:54	Rappo Conca Sabine, AC Murten (V)
38'56"	Wagemester / GER, LAT Sense (V)	1:03:11	Marmy, CAG Farvagny
39'12"	Colliard, Team 3B Triathlon Bulle	1:03:15	Tschachtli, Run&Walk Kerzers (1)
39'43"	Joux-Di Certo, Semsales	1:04:36	Zumwald, LAT Sense (V)
39'48"	Tschachtli, Run&Walk Kerzers (1)	1:05:45	Stettler S., AC Murten (1)
39'53"	Gross, LAT Sense (2)	1:06:18	Schumacher, Trilogie Sport Belfaux (V)

semi marathon RF: 1:14:00 M.-L.Romanens - 2000**Marathon RF: 2:33:47 Ch.Dällenbach - 2000**

1:21:44	Heimlicher, LAT Sense	2:55:03	Bourke-Martignoni, CAG Farvagny (V)
1:24:06	Marmy, CAG Farvagny	3:09:36	Rappo Conca Sabine, AC Murten (V)
1:25:59	Bourke-Martignoni, CAG Farvagny (V)	3:22:26	Gremaud C., Enney (V)
1:28:16	Almeida Mathys, Free-Bourg Runners	3:22:28	Joux-Di Certo, Alpiq Semsales
1:31:14	Pythoud, Free-Bourg Runners	3:22:32	Pittet C., CS Vallée du Flon
1:31:32	Carrel L., CA Belfaux (V)	3:23:06	Fleury, CARC Romont (V2)
1:32:52	Morgado / POR, CA Portugais FR (V)	3:30:20	Steiner-Pittet, Sugiez (V2)
1:34:44	Monney S., CAG Farvagny (V)	3:30:54	Jaquet, Echarlens
1:36:14	Domon / FRA, Les Paccots (V)	3:40:29	Waldmeyer, CAG Farvagny (V3)
1:36:58	Pittet C., CS Vallée du Flon	3:40:37	Almeida Mathys, Free-Bourg Runners

100 m haies RF: 13.38s. N.Waerber - 1999**400 m haies RF: 61.17s. S.Aeby - 1992**

15.56	Rayroud, AthleticaVeveyse (2)	68.11	Kropf, TSV Düringen
16.50	Hess N., AC Murten	68.41	Bortoluzzi, AC Murten (2)
16.73	Brandt, AC Murten	68.83	Hochuli, AC Murten
16.96	Stettler M., AC Murten (1)	74.35	Jornod, AC Murten (2)
17.07	Hochuli, AC Murten		
17.91	Rusca, SA Bulle		
18.40	Hess D., AC Murten		
18.48	von Vivis, AC Murten (V)		
19.47	Fosserat, AthleticaVeveyse (1)		

Hauteur		RF: 1.80m L.Gendre - 2004		Longueur		RF: 6.19m N.Waeber - 1999	
1.70		Schueler , CA Marly		5.37		Klaus, Athletic Team Rechthalten	
1.62		Rayroud, AthleticaVeveyse (2)		5.29		Bortoluzzi, AC Murten (2)	
1.61	i	Bortoluzzi, AC Murten (2)		5.29		Werro, CA Belfaux (3)	
1.60		Bortoluzzi		5.23	i	Ricca J., TSV Düdingen (3)	
1.58	i	Berthoud, AthleticaVeveyse		5.21		Friedli J., TSV Düdingen (3)	
1.58	i	Giroud, CS Le Mouret (2)		5.13		Bochud, CS Marsens (3)	
1.58	i	Hess N., AC Murten		5.10		Hess N., AC Murten	
1.57	i	Stettler M., AC Murten (1)		5.01		Hayoz Ch., TSV Düdingen (2)	
1.56		Bochud, CS Marsens (3)		4.96		Bremgartner L., CA Belfaux (3)	
1.56		Werro, CA Belfaux (3)		4.94	i	Stettler M., AC Murten (1)	
1.54		Hess N.		4.93		Rayroud, AthleticaVeveyse (2)	
1.54		Stettler M.		4.88		Stettler M.	
Triple saut		RF: 12.79m N.Waeber - 1996		Perche		RF: 4.15m F.Leimgruber - 2017	
10.82		Kropf, TSV Düdingen		4.10	i	Leimgruber , CA Belfaux	
10.53	i	Ricca J., TSV Düdingen (3)		3.40		Scheder N., CA Fribourg	
10.19	i	Kolly R., TSV Düdingen (3)		2.90		Bremgartner, CA Belfaux (3)	
10.14	i	Fasel, TSV Düdingen (3)		2.60		Linder S., CA Belfaux (3)	
10.08		Camp, AC Murten (1)		2.55		Fasel, TSV Düdingen (3)	
10.06		Friedli J., TSV Düdingen (3)					
9.75		Fasel					
9.75		Kolly R.					
9.69		Gruber L., AC Murten (2)					
9.59		Ricca J.					
9.15		Jornod, AC Murten (3)					
Poids		RF: 12.66m H.Kaeser - 1982		Disque		RF: 44.78m K.Schaller - 1982	
11.82	i	Hess N., AC Murten		30.55		Folly M., AC Murten (2)	
11.75		Hess N.		23.01		Hess Cam., AC Murten (1)	
9.89		Leuenberger, Athletic Team Rechthalten		22.84		Hess D., AC Murten	
9.87		Folly M., AC Murten (2)		21.27		Kapeller, CAG Farvagny	
9.60		Hess D., AC Murten		18.27		Hess Car., TSV Düdingen (2)	
8.89		Hess Cam., AC Murten (1)		18.14		Philipona, CS Marsens (1)	
8.71		Catillaz , TSV Düdingen (1)		16.93		Macherel, TSV Düdingen	
8.61	i	Berthoud, AthleticaVeveyse		14.18		Fragnière A., CS Marsens (2)	
8.60		Stettler M., AC Murten (1)		11.16		Chillier , Swiss Masters (V3)	
8.53		Hochuli, AC Murten					
8.23		Dürhammer, TSV Düdingen (V2)					
Marteau		RF: 41.34m C.Henzi - 1998		Javelot		RF: 42.34m S.Kolly - 1989	
19.16		Folly M., AC Murten (2)		36.60		Kropf, TSV Düdingen	
				31.61		Folly M., AC Murten (2)	
				31.53		von Vivis, AC Murten (V)	
Heptathlon		RF: 5028p. J.F.Kropf - 2016		30.72		Catillaz , TSV Düdingen (1)	
4353p.		Hess N., AC Murten		30.39		Hess N., AC Murten	
3588p.		Brandt, AC Murten		27.34		Hess D., AC Murten	
3449p.		Hochuli, AC Murten		25.75		Stadelmann R., TSV St.Antoni (1)	
3420p.		Stettler M., AC Murten (1)		24.82		Brandt, AC Murten	
2980p.		Hess D., AC Murten		22.61		Leuenberger, Athletic Team Rechthalten	
				22.50		Gerber J., AC Murten	

4 x 100 m RF: **45.99s. COA Fribourg-Romand - 2019**
47.01s. CA Fribourg - 2016

3 x 1000 m RF: **8:58.00 TSV Düdingen - 2006**

45.99 **COA Fribourg Romand**

9:29.54 COA Fribourg Romand U16

50.69 COA Fribourg Romand U18

10:24.74 CS Marsens U18

50.82 Athletic Team Rechthalten

10:42.98 AC Murten U16

51.24 AC Murten "A"

10:51.95 Athletic Team Rechthalten U14

51.40 TSV Düdingen U16

11:04.09 CAG Farvagny U14

51.59 AC Murten U18

11:05.59 TV Wünnewil U14

52.52 Athletic Team Rechthalten U18

11:20.31 CA Belfaux U16

53.32 CA Belfaux U16

11:37.70 TSV Düdingen U12

53.43 CA Fribourg U18

11:45.90 CA Belfaux U14

53.43 AthleticaVeveyse U16

11:48.91 CS Le Mouret U14

12:07.12 CS Marsens U14

Olympique RF: **3:48.24 COA Fribourg-Romand - 2014**
3:50.82 TSV Düdingen - 1997

4:09.42 AC Murten "A"

4:09.95 AC Murten U18

4:17.51 AC Murten "B"

4:20.08 Athletic Team Rechthalten U18

4:21.67 Athletic Team Rechthalten

4:34.07 SA Bulle U18

4:34.21 CA Belfaux "A"

4:34.90 CA Fribourg U18

4:42.27 CA Belfaux "B"

dh> Dénivelé trop important

VF le vent favorable +2m/s.

mx courses mixte

(1) U 20 2000-2001

(2) U 18 2002-2003

(3) U 16 2004-2005

(4) U 14 2006 et plus

(V) plus de 35 ans

(V2) plus de 50 ans

(V3) plus de 60 ans

vent non contrôlé = *

italique = sans licence

par

Antonin HEJDA

Statisticien FFA / FLV

tondahe@hispeed.ch

Fribourg, le 11.11.2019.